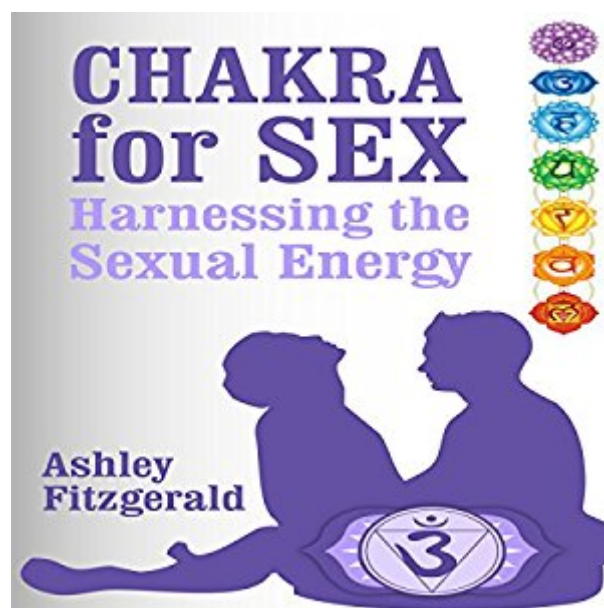


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# Chakra For Sex: Harnessing The Sexual Energy: Lessons, Poses And Exercises To Open Up Your Sacred Chakra And Improve Your Sex Life: Sex Improvement, Book 2



## Synopsis

Discover the lessons and exercises that can transform your sex life for good! This book will show you what a healthy and open sacral chakra can do. Although this is not an exhaustive guide to everything there is to know about chakras, you will get an amusing and interesting insight into how a happy chakra will benefit you. To enjoy healthy sexual energy is a very human trait. Our second chakra is the sacral. It is the energy center that controls our sexual powers and influences. When our sacral chakra is balanced and purified, we will discover more meaningful and satisfying sexual and creative lives. Our sexual vibrations are powerful AND an important part of our physical and spiritual makeup. This is exactly what this book is all about: a better understanding of how our sacral chakra can improve, heal, and open our sexual channels. Because chakra energy is incredibly spiritual, the condition of a healthy chakra will help with so many physical and spiritual aspects, and you will soon learn the importance of balance. Here is a preview of what you will learn: Wisdom of the Chakras the Seven Chakras The Sacral Chakra Better Sex through an Unblocked Svadhisthana Harnessing Your Svadhisthana Chakra Energy to Power-Up Your Sex Drive The Tantric Link to the Sacral Chakra How to Balance your Svadhisthana Chakra. You will soon learn about the energy centers up and down the body and how they act in individual ways and affect many different things. One thing you will first notice is that although they range from the top of the head all the way down to the underside of the torso, they all must operate upon the vertical line of the spine which highlights the importance of balance. ! Download your copy today!

## Book Information

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